

## **Dr SHIBU B.**

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Arayoor,  
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### ***Professional Overview***

To establish my career independently in the field of physical education with excellent skills and interest in implementing well which provide opportunities to develop my skills and contribute the growth of organization in a progressive challenging and dynamic work environment.

### ***Experience:***

- Presently working as an Assistant Professor in Physical Education, Christ Nagar College, Maranalloor, Trivandrum, District.
- Three years experience as an Assistant Professor in Physical Education, Christ College Vizhinjam, Trivandrum, District.
- Seven years experience as a Physical Education Teacher in a reputed CBSE Senior Secondary School (SFS School), Venganoor, Trivandrum District.
- Two years experience as a Physical Education Teacher in a reputed CBSE High School (BPM Model School), Varkala, Trivandrum District.

### ***Educational Qualifications:***

Sl.No.	Course	Name of University / Board	Year of passing	Percentage of marks obtained
1.	Ph.D.	University of Kerala, Thiruvananthapuram	2018	
2.	M.Phil..	M S University, Tirunelveli	2008	75%
3.	M.P.E	Pondicherry University	2004	80%
4.	B.P.E	Calicut University	2002	53%
5.	+ 2	Board of Higher Secondary Education, Tamilnadu.	1998	57%

### ***Specialization:***

Football & Athletics

### ***Articles Published in Refereed Journals***

- ❖ Effect of Bicycle Ergo meter Exercise and Resistance Training on Long Jump Performance, International Journal of Physical Education Sports and Management & Health, ISSN:2349-6703, Vol.2. Issue No.1, March 2016
- ❖ Pre-Eminence of Gross Motor Skills among Kindergarten Obese Children, GCTE Journal of Research and Extension in Education, ISSN: 0975-5144, Vol.11. Issue No.2 ,July 2016
- ❖ Need and Significance of the Analysis of Nutritional Status among Tribal, Non tribal and Coastal area High School Boys, Teachers Learners and Society ISSN: 2319-1709-27, Vol. 14, Issue No.1, June 2017.
- ❖ Comparative Study of Anthropometric Variables among High School Boys, Gurujyothi Research and Reflections, ISSN: 0976-0865, Vol. 11, Issue No. 2 July 2017.
- ❖ Nutritional Status among Children in Different Geographical Regions of Kerala, ISDA Journal, ISSN 0971-2550, Vol. 31 Number 2, April - June 2021.

### ***Sports Achievements:***

- Represented Pondicherry University football team in South Zone inter university football championship held at Annamalai University, Chidambaram in the year 2003-2004.
- Winner in Pondicherry University inter collegiate football championship held by Department of Physical Education and Sports Pondicherry University in the year 2002-2003 and 2003-2004 respectively.
- Winner in Pondicherry University inter collegiate basketball championship held by Department of Physical Education and Sports Pondicherry University in the year 2002-2003.
- Third place in Cross Country in Calicut University intercollegiate Cross Country Championship held at Mercy college, Palakkad in the year 1999- 2000.

***Personal Details:***

Age : 42  
Date of Birth : 15-05-1981  
Sex : Male  
Nationality : India  
Marital status : Married  
Name of Father : Babu.M.  
Name of Mother : Vasantha.A.  
Religion & Caste : Christian, SIUC Nadar  
Category : OBC

***References:***

**Dr Jolly Jacob**  
Principal  
Christ Nagar College  
Maranalloor,  
Thiruvananthapuram.  
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**Prof. (Dr.) Bijukumar K.**  
Professor & Head  
Department of Physical Education  
Mahatma Gandhi College  
Thiruvananthapuram  
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